TEXSTRETCH

Becoming You...



www.texstretch-sports.com

KARATE PUNCHER



The Texstretch Karate Puncher will be your ally to work on your resistance and your explosiveness. It is perfect for Martial Art players to develop their power. You can perform any kind of punch in martial arts by wearing this product. Train regularly with the progressive resistance and gain amazing speed and strength once removed. It even supports regular workouts to help build joints and tendon strength.

The initial resistance forces you to move faster or be left behind, get incredible reflexes with the Texstretch Karate Puncher. The natural progressive resistance helps strengthen your tendons to ensure that the body can handle any combat. The stretching force on your arms build incredible endurance and strength. Punching Trainer adds

Stretching components of the Texstretch Karate Puncher are made of natural latex to offer the quality and the durability.

natural weight behind your punches.



FEATURES

- Develops the punching power.
- Perfect for all martial arts.
- Get Faster Punches and Kicks
- Build Endurance and Strength
- Protect Your Joints
- Increase Reflex Speed
- Portable travel companion.

INSTRUCTIONS

- Use the product as prescribed by your coach/physiotherapist for the prescribed sets and repetitions.
- Relax before you commence exercises. Avoid hyper-extending or over-flexing the joints when exercising.
- Always do warm-up before exercises. Take a rest between sets.

WARNING

- Before each use, check the product for damages. Avoid it being scratched by the sharp edges.
- This product contains natural latex and may cause allergic reactions for some.
- Consult your instructor or personal doctor, in case of any physical discomfort or injury.
- Store in a cool, dry place and away from moisture, heat & direct Sunlight. To clean, use a damped cloth with lukewarm water and wipe the product.
- Keep the product away from children.

SPECIFICATIONS

Strength Level/Colour	Size				Resistance at Elongation (Kg)	
	Length	Thickness	ID	OD	100%	200%
Yellow	8.5"	1.1 mm	6.3 mm	8.5 mm	2.5 x 2	3.5 x 2
Green	10"	2.0 mm	6.3 mm	10.3 mm	4.5 x 2	6.0 x 2

* Follow the applicable disposal mechanism available at your domain.



MANUFACTURED IN SRI LANKA:

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