

# TEXSTRETCH

Becoming You...



SHOP ONLINE

[www.texstretch-sports.com](http://www.texstretch-sports.com)

## BAND 12"

Texstretch 12-inch Bands are a short version of the standard 41" Texstretch Progressive Resistance Bands. These have the same color, width and thickness as our standard bands. This length is easier to setup and doesn't require the band to be doubled or tripled over pins or band pegs to get tension.



## FEATURES

- Provides progressive resistance for bench-press workout.
- 12 inches band
- Resilient, lightweight and portable travel companion.
- Facilitates for both versions of Static & Dynamic exercises.

## INSTRUCTIONS

- Use the product as prescribed by your coach/physiotherapist for the prescribed sets and repetitions.
- Relax before you commence exercises. Avoid hyper-extending or over-flexing the joints when exercising.
- Always do warm-up before exercises. Take a rest between sets.

## WARNING

- Before each use, check the product for damages. Avoid it being scratched by the sharp edges.
- This product contains natural latex and may cause allergic reactions for some.
- Consult your instructor or personal doctor, in case of any physical discomfort.
- Do not over stretch Tubes more than 04 times of their length.
- Store in a cool, dry place and away from moisture, heat & direct Sunlight. To clean, use a damped cloth with lukewarm water and wipe the product.
- Keep the product away from children.

## SPECIFICATIONS

Strength Level/Colour	Size			Resistance at Elongation (Kg)		
	Length	Thickness(mm)	Width	100%	200%	300%
Orange	12'	4.5	1/4"	4	5	6
Red	12'	4.5	1/2"	6	8	10
Green	12'	4.5	1 1/8"	9	12	15
Black	12'	4.5	1 3/4"	12	15	18
Purple	12'	4.5	2 1/2"	18	22	26

\* Follow the applicable disposal mechanism available at your domain.



**MANUFACTURED IN SRI LANKA:**

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