

TEXSTRETCH

Becoming You...



SHOP ONLINE

www.texstretch-sports.com

TONER

Texstretch Toner is designed to tone your upper body by performing single and double arm exercises which supports the 'home-gym' concept with progressive resistance. It is a versatile, compact, inexpensive way to strength and tone your entire body. Toner is simple to use and great for chest exercises, leg lifts, ab workouts, back rows and general rehabilitation.

The infinity symbol type resistance Toner has two loops to make strengthening workouts easier. Two foam handles provide a comfortable grip, and lightweight yet sturdy latex makes it great for travel, and durable for a long-lasting exercise tool to use wherever you go. Stretching components of the Texstretch Toner are made of natural latex to offer the quality and the durability.



FEATURES

- Designed to stretch of muscle toning and coordination
- Strengthens and tones upper and lower body
- Sustains body muscles.
- Facilitates single and double arm exercises
- Soft and comfortable grip
- Resilient, lightweight and portable travel companion.

INSTRUCTIONS

- Use the product as prescribed by your coach/physiotherapist for the prescribed sets and repetitions.
- Relax before you commence exercises. Avoid hyper-extending or over-flexing the joints when exercising.
- Always do warm-up before exercises. Take a rest between sets.

WARNING

- Before each use, check the product for damages. Avoid it being scratched by the sharp edges.
- This product contains natural latex and may cause allergic reactions for some.
- Consult your instructor or personal doctor, in case of any physical discomfort.
- Store in a cool, dry place and away from moisture, heat & direct Sunlight. To clean, use a damped cloth with lukewarm water and wipe the product.
- Keep the product away from children.

SPECIFICATIONS

Strength Level / Colour	Size				Resistance at Elongation (kg)		
	Length	Thickness	ID	OD	100%	200%	300%
Extra Light	40"	1.1 mm	6.3 mm	8.5 mm	5	7	9
Light	40"	2.0 mm	6.3 mm	10.3 mm	9	12	15
Medium	40"	2.5 mm	6.3 mm	11.3 mm	11	14	17
Heavy	40"	3.0 mm	6.3 mm	12.3 mm	13	16	19

* Follow the applicable disposal mechanism available at your domain.



MANUFACTURED IN SRI LANKA:

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ISO 14001:2015
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