

TEXSTRETCH

Becoming You...



SHOP ONLINE

www.texstretch-sports.com

O RING

Shape and tone your lower body with Texstretch O - Ring which provides the progressive resistance to build strong muscles. Each O - Ring has two soft grips for added comfort so that you can intensify your resistance training workouts. It helps improve muscle tone, endurance and coordination and the structure increases resistance for faster and more desired toning. O Ring is a great workout tool for inner/outer thighs, upper arms and chest.

Stretching components of the Texstretch O - Ring are made of natural latex to offer the quality and the durability.



FEATURES

- Improves muscle tone and coordination
- Soft and comfortable grip
- Resilient, lightweight and portable travel companion.

INSTRUCTIONS

- Use the product as prescribed by your coach/physiotherapist for the prescribed sets and repetitions.
- Relax before you commence exercises. Avoid hyper-extending or over-flexing the joints when exercising.
- Always do warm-up before exercises. Take a rest between sets.

WARNING

- Before each use, check the product for damages. Avoid it being scratched by the sharp edges.
- This product contains natural latex and may cause allergic reactions for some.
- Consult your instructor or personal doctor, in case of any physical discomfort.
- Store in a cool, dry place and away from moisture, heat & direct Sunlight. To clean, use a damped cloth with lukewarm water and wipe the product.
- Keep the product away from children.

SPECIFICATIONS

Strength Level / Colour	Size				Resistance at Elongation (Kg)		
	Length	Thickness	ID	OD	100%	200%	300%
Extra Light	24"	1.1 mm	6.3 mm	8.5 mm	5	7	9
Light	24"	2.0 mm	6.3 mm	10.3 mm	9	12	15
Medium	24"	2.5 mm	6.3 mm	11.3 mm	11	14	17
Heavy	24"	3.0 mm	6.3 mm	12.3 mm	13	16	19

* Follow the applicable disposal mechanism available at your domain.



MANUFACTURED IN SRI LANKA:

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ISO 14001: 2015
— CERTIFIED —